AHuntersTales.com "Shoot 25" Archery Training Program Instructions:

With appropriate archery setup, shoot 5 arrows at each distance increment starting with 60 yards, then 50 yards, then 40 yards, etc. Upon retrieving arrows, measure the distance (in inches) of each arrow from center target.

Total the cumulative distance of each five-arrow set. Using the AHuntersTales.com scoring sheet, multiply each cumulative, 5-arrow total number of inches, by the respective distance multiplier (x2 at 50 yards, x4 at 30 yards, etc.).

Track your total scores with the expectation that the total should continue to decrease over time (lower is better!).

Date	60 yards (x1)	50 yards (x2)	40 yards (x3)	30 yards (x4)	20 yards (x5)	TOTAL
Example	5 arrows at 60 yards (arrows 1-5) are a total 24" from center target; 5 arrows at 50 yards (arrows 6-10) are 20" total from center target; 5 arrows at 40 yards (arrows 11-15) are 20" total from center target; 5 arrows at 30 yards (arrows 16-20) are 18" total from center target; 5 arrows shot at 20 yards (arrows 21-25) are 10" total from center target. The scoring sheet below represents this set of shots.					
July 11th	24	40	120	72	50	306